

REGISTRATION INFORMATION

NAME: _____

AGE: _____ SCHOOL: _____

ADDRESS : _____

PHONE #: _____

EMAIL: _____

EMERGENCY CONTACT INFORMATION:

NAME: _____

PHONE #: _____

T-SHIRT SIZE (Check one)

YOUTH LARGE _____ ADULT SMALL _____

ADULT MEDIUM _____ ADULT LARGE _____

ADULT X-LARGE _____

SEND REGISTRATION FORM AND CHECK
PAYABLE TO EMERALD RIDGE H.S.

Send to: Emerald Ridge H.S.

C/O Ben Muehlenbruch

12405 184th Street East

Puyallup, WA 98374

Please send registration information and fees by June 9th to insure you get your desired T-shirt size. Registrations will be accepted at the door on Tuesday, June 23rd.



HEAD COACH: Ben Muehlenbruch

Phone: 253-435-6351

E-mail: coachmule@hotmail.com

**EMERALD RIDGE BOYS
BASKETBALL PRESENTS**

JAGUAR YOUTH BASKETBALL CAMP

JUNE 23rd-26th 2009



**EMERALD RIDGE HIGH
SCHOOL GYMNASIUM**

CAMP INFORMATION

SESSION ONE

AGES 8-12

9:00a.m. to 1:00p.m.

SESSION TWO

AGES 13-16

9:00a.m.- 1:00p.m.

COST= \$75.00

-Checks should be made out to

Emerald Ridge High School

Registration Fee includes

- 1) Camp basketball
- 2) Camp T-Shirt
- 3) Written Player Evaluation
- 4) Great Instruction
- 5) Lot's of FUN!

DAILY SCHEDULE

SESSION ONE

9:00-9:30	BALLHANDLING
9:30-10:00	FUNDEMENTAL STATION #1
10:00-10:45	GAME SESSION #1
10:45-11:30	FUNDEMENTAL STATION # 2
11:30-11:45	COMPETITIONS & FULL COURT DRILLS
11:45-12:45	GAME SESSION # 2

SESSION 1 & 2 will run simultaneously, campers will be split by age and ability level.

SESSION TWO

9:00-9:30	BALLHANDLING
9:30-10:00	FUNDEMENTAL STATION #1
10:00-10:20	TEAM CONCEPTS
10:20-11:00	GAME SESSION #1
11:00-11:30	FUNDEMENTAL STATION # 2
11:30-12:10	COMPETITIONS & FULL COURT DRILLS
12:15-1:00	GAME SESSION # 2

Competitions include One On One, Free Throw, Three Point and Hot Shot Shooting

CAMP FOCUS

FUNDAMENTALS: Jag Youth Basketball Camp is focused on teaching young players the fundamentals of the game of basketball. Each day of camp there is a specific fundamental focus. The coaching staff is committed to teaching young players the correct fundamentals of defense, ball-handling, shooting, rebounding and team basketball. It is our goal to teach young players in a positive and encouraging manor that helps them understand the game of basketball and what it takes to be a great player.

FUN: The coaching staff is focused on making Jag Youth Camp a positive experience for campers through great teaching in a fun and competitive atmosphere.

COACHING STAFF

Jag Youth Basketball Camp is organized and coached by the ERHS Boys Basketball coaching staff and high school players as well as other local coaches.